



Equipment List - Indoors Weekend

- Day-bag (School bag)
- Waterproof jacket
- Waterproof trousers
- Warm clothes (T-shirt, Jumpers)
- Water bottle
- Personal First-aid kit (Swabs, Plasters, Lint, Scissors, Tweezers, etc)
- Torch and batteries
- Sleeping bag
- Pillow
- Runners
- Pyjamas
- Toiletries (Face cloth, Toothbrush, Toothpaste, Deodorant, Soap, Shampoo, Shower Gel)
- Towel
- Underwear
- Socks
- Sweat shirt
- Spare Clothes
- Hiking Boots
- Medicines (Please inform Leaders of any medication your son or daughter may be taking)